HOW TO DEAL WITH A BAD KISSER

Too Aggressive

Slow him down.

Ask your date to kiss more gently. Say, "Can I show you the way I really like to kiss?" and slowly lean forward to offer a demonstration.

2 Kiss your date.

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3 Draw away from the kiss.

Briefly drawing away from the kiss is another way of saying slow down.

4 Gently hold his face.

Your hands can provide a caress, and also prevent him from zooming back in for more.

5 Tilt his head.

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While your hands are in place, tilt his head to the angle of greatest comfort. Tilt your head accordingly.

6 Surround his mouth with gentler kisses.

Reinforce the message by sighing and saying, "I love it like this."

Repeat as necessary.



position accordingly. Use your hands to hold him back or draw him in.

Be Aware

Very aggressive tongue kissing may be just right when you are very aroused, but not so great when you are just beginning. Be careful not to scare him away from things you might enjoy later.

Too Passive

Look your date in the eye.

A warm, smiling gaze signals affection and also lets him know something is about to happen.

2 Hold his face.

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3 Kiss him passionately.

The kiss should be as deep and passionate as you want his to be. Remember to tilt your date's head before kissing him.

4 Break away from the kiss.

Murmur, "Mmm, kiss me back harder." You are taking charge of the situation.

5 Pause and redirect.

If you are still not getting the desired result—if his tongue is not responding—shift to lip-focused rather than deep-mouth kissing.

Be Aware

You may be dealing with someone who thinks your kissing style is too aggressive. He may be passively resisting your technique instead of trying to slow you down by using the more direct response to "too aggressive" kissing (see above). 1

Keep your kisses focused on the lips.
Do not venture inside the mouth.

2 Use your thumbs to wipe away excess wetness.

Gently outline his lips with a thumb or other finger. This will serve as a sensual caress and will also remove excess moisture.

How to Deliver the Perfect Kiss

- 1 Cradle your date's face with your hands. Look into his eyes.
- 2 Tilt his head.
- **3** Tilt your head.
- 4 Bring your mouth toward his mouth. Gradually move closer.

5 Gently touch your lips to his.

Focus initially on the lips, giving soft, quick kisses. Slowly part your lips, letting your tongue softly dart out to touch his lips. This is an excellent way to gauge your partner's receptiveness to furthering the kiss. If lips part, proceed to the next level.

Explore delicately with your tongue.

Open your mouth wider and push your tongue into his mouth. Probe the various parts of his mouth. Run your tongue over the teeth. Imagine your tongue fencing with your partner's tongue, lunging, darting, and parrying.

Take frequent breaks.

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Keeping your tongue inside each other's mouths for an extended period of time will produce a very sloppy, wet kiss. Move your head away from his every so often. This will also allow you to catch your breath.

8 Know when to stop.

End the kiss before your jaw begins to ache, or before you are both worn out. It may be time to move on to other activities, or it may be fine to stop and leave him wanting more.

Be Aware

If either or both of you wear glasses, remove them prior to a prolonged kissing session. Wearing glasses for a medium-intensity, brief kiss is acceptable, but glasses may hinder greater intimacy (and they may get fogged up or even scratched). Set them someplace safe, where you will not be likely to roll onto them later.

