

WORST-CASE SCENARIO.

HOW TO LOSE SOMEONE WHO IS FOLLOWING YOU

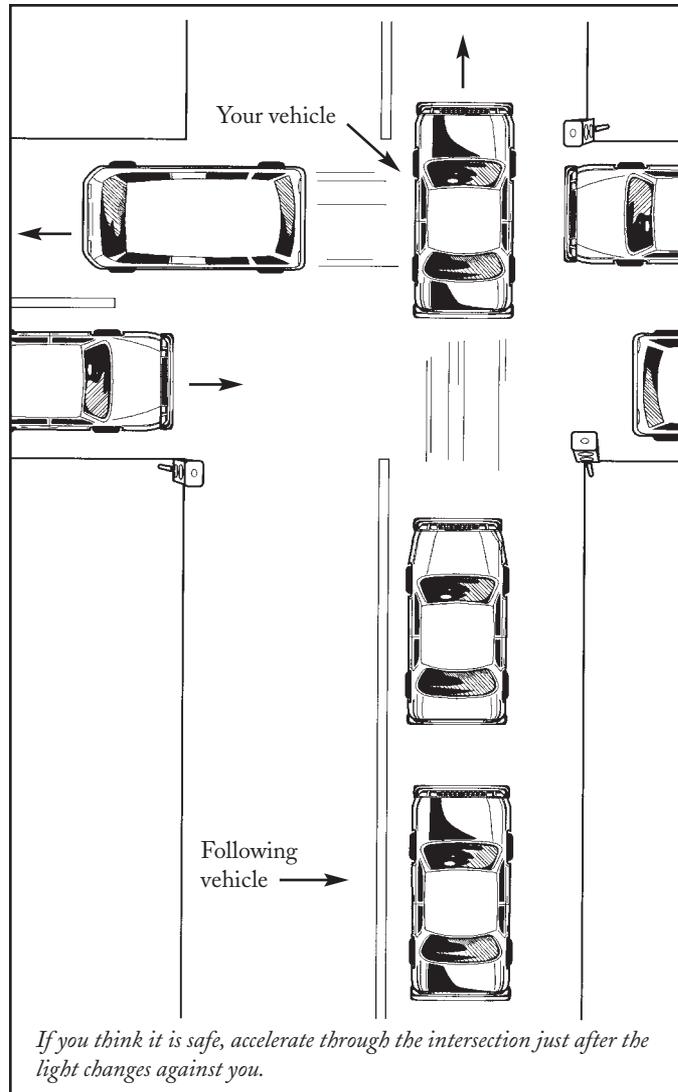
IF YOU ARE IN A CAR

- 1 Determine if you are actually being followed.**

If you suspect a tail, observe the car as you continue to drive. If the car remains behind you, make three to four turns in a row to see if it continues to follow you. Then signal a turn in one direction but turn quickly in the other direction. See if the other car turns as well.
- 2 Once you are certain you are being followed, get on a highway, or drive to a populous and active area.**

Do not drive home, to a deserted place, or down an alley. You are more likely to shake your tail in a crowd than in a deserted area.
- 3 Drive at the speed limit, or a bit slower.**

Soon, another car (not that of your pursuer) will attempt to pass you. Speed up slightly so the car pulls in behind you. Repeat, but don't go so slowly that an innocent car behind you is able to pass you.



- 4** Slow down at a busy intersection with a traffic light, then accelerate through the intersection just after the light changes.

The car following you may get stuck at the red light. If you attract the attention of the police for running a red light, your pursuer will most likely leave the scene.

- 5** When you have several cars around you, speed up, get off the highway (if you are on one), and make several quick turns to further elude your pursuer.

Your pursuer should be too far back to follow closely.

- 6** Once you are out of sight of your pursuer, pull into a parking lot, a garage, or a shopping center with lots of other cars.

- 7** If you still have not lost your tail at this point, drive to a police station and get help.

IF YOU ARE ON FOOT

- 1** Determine if you are being followed, and identify your tail.

Take a random path: Make unexpected changes in direction at intersections and retrace your steps, effectively making a U-turn. Do not, however, get yourself disoriented or lost. Note any identifying characteristics of your tail (dress, gait, height, and weight).

2 **Keep an eye on your pursuer, but do not look back at him/her.**

Use reflective surfaces such as shop windows to see behind you. If you have a makeup case with a mirror, use that.

3 **Stay in crowds.**

Do not head for home, to a deserted place, or down alleys.

4 **Once you are certain that you are being followed, use these methods to shake your tail:**

- Enter the front of a store, shop, or restaurant and go out through the back entrance—most restaurants have exits in the kitchen.
- Buy a ticket for a movie, enter after it has started, and leave through an emergency exit before your pursuer enters the theater.
- Use mass transit, and exit or enter the train or bus just before the doors close.

5 **If you have not shaken your tail, walk to a police station or call the police from a public place.**

Never head for home unless you are certain you are no longer being followed.

Be Aware

- If you are certain your tail is not dangerous, you may want to confront your pursuer in a public place with many people around. Say that you know you are being followed and ask your pursuer why. Use this method only if you feel the person is not dangerous.

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