

HOW TO SURVIVE IF YOU FORGET YOUR ANNIVERSARY

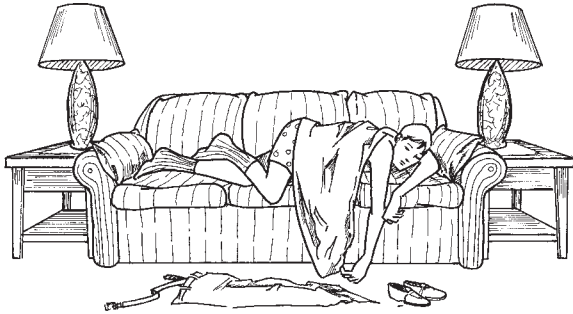
- ★ **Order an emergency bouquet.**
Many florists can assemble arrangements with little notice. If you have just minutes to prepare, scour your neighborhood flowerbeds for daisies. Wrap them in colorful ribbon and present them as your initial gift.
- ★ **Buy chocolates.**
Most supermarkets and drugstores carry chocolate assortments. Choose a tasteful boxed set rather than several loose candy bars tied with ribbon.
- ★ **Create a voucher card.**
Prepare a card or piece of paper that shows the wonderful gift you're giving but can't give now because it isn't ready yet. Draw a picture of the gift on the card or paper.
- ★ **Apologize, apologize, apologize.**
If you're caught with nothing, making excuses will not help your case. Your level of contrition should be so extreme that your spouse begins to feel bad because you feel so terrible.

- ★ **Give an intangible present.**
Give her a homemade certificate for a weekend spa getaway. It could be for her only, or for a romantic weekend for both of you—a “second honeymoon” (but don't push your luck). A week free of household chores, a weekend of breakfasts in bed, or getting her car detailed are other possibilities.

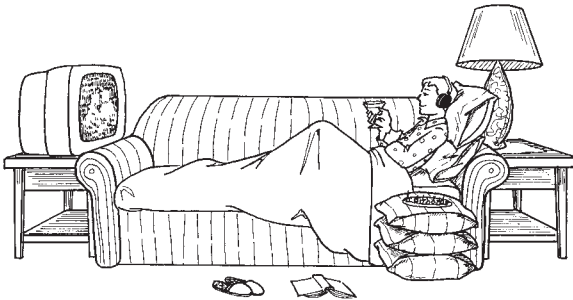
HOW TO SLEEP ON THE COUCH

- 1 Remove the back cushions.**
If the couch has loose back cushions, take them off to add more width to the sleeping surface.
- 2 Remove the arm cushions.**
Side cushions take up precious head and leg room, and will just end up on the floor in the middle of the night anyway.
- 3 Fluff and flip.**
If the sofa design permits, remove the seat cushions, fluff them, then flip them so the side that was down is now the top. This will provide a more even sleeping surface.
- 4 Cover the seat cushions with a sheet.**
The sheet will protect your face from odors trapped in the cushions and will protect the seating area from saliva.

First Anniversary



Tenth Anniversary



5 Use your usual pillow.

You will sleep better with your head resting on a familiar pillow. Get yours from the bedroom, if the bedroom is still accessible to you.

6 Depending on the temperature of the room and your comfort level, get a sheet, blanket, comforter, or large towel to put on top of you.

7 Relax.

Do not to go to bed angry.

Be Aware

If you are an active sleeper, lay the sofa cushions next to the sofa to break your fall should you roll off during the night.