

# HOW TO SURVIVE THE BACHELOR PARTY

## HOW TO PICK A LOCK (WHEN HANDCUFFED TO A BOWLING BALL)

A classic bachelor party prank uses a bowling ball and handcuffs to translate literally the expression “the old ball and chain.”

### 1 Locate a pick.

A handcuff lock can be picked relatively easily with a piece of metal bent into the shape of a key. Whatever you use, the material must be resilient because the springs on a handcuff lock are strong. Use any of the following items:

- Mini screwdriver
- Large paper clip
- Any tough wire (e.g., chicken or piano)
- Small fork
- Hairpin

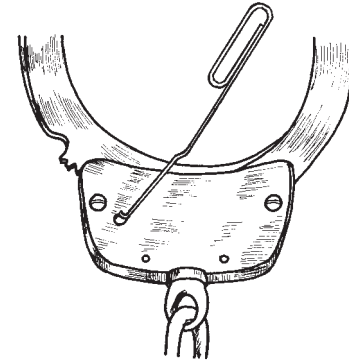
### 2 Bend a few millimeters of one end of your pick 90 degrees.

### 3 Insert the pick into the lock.

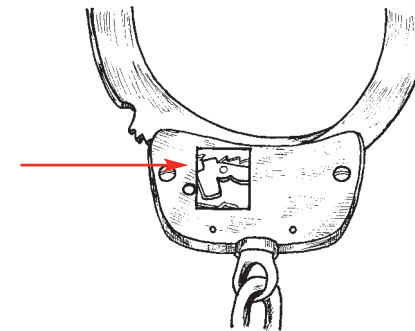
Fit the bend into the lock at the point where the nipple of the key fits. You will feel the bend move into place.

### 4 Turn the pick to open the lock.

Turn the pick left and then right. If the pick won't move, put the latch end of the handcuff vertically on a hard surface and press down. This may relieve a bit of pressure off the lock and make it easier to turn. Be careful, though: Pushing too hard may lock the cuff another tooth and restrict your hand movement.



*Insert the tip of the pick into the lock.*



*Turn the pick left and right to move the latch and unlock the cuffs.*

## HOW TO SMOKE A CIGAR

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### 1 Clip the head.

The head, or smoking end, of the cigar is covered by a small area of leaf called the cap. Using a sharp cigar cutter, quickly make a guillotine cut, removing a small section ( $\frac{1}{4}$  inch or less) of the cap. Do not cut below the end of the cap, or the wrapper may come apart. If no cigar cutter is available, punch a hole in the cap using the tip of a pen or pencil.

### 2 Hold the cigar in your nondominant hand.

### 3 Ignite a torch lighter or a long wooden match.

Do not put the cigar to your lips.

### 4 Toast the end.

Carefully move the flame to the foot (end) while rotating the cigar slowly. This will ensure an even burn. The foot should ignite thoroughly and evenly.

### 5 When the foot is lit, bring the cigar to your lips.

### 6 Draw smoke into your mouth.

Suck the smoke through the cigar slowly and evenly while still holding the flame an inch or two from the foot.

### 7 Puff gently until the foot is completely lit.

Do not inhale the smoke into your lungs.

### 8 Exhale.

Savor the flavor of the cigar in your mouth for a few seconds before expelling the smoke.

### 9 Repeat steps 7 and 8.

Take one or two draws from the cigar per minute, but do not rush. Rotate the cigar slowly in your fingers or allow it to sit in an ashtray between draws. Keep the foot elevated to maintain an even burn. Avoid squeezing the cigar.

### Flick the ash.

Allow half an inch to an inch of ash to accumulate on the foot. Tap the cigar gently with a finger to make the ash fall. Many cigar smokers will try to get the ash as long as possible before flicking it. However, you should flick the ash if you feel it is about to fall and burn a hole in clothing or furniture.

### Extinguish the cigar.

Many smokers will discard a cigar when half to three-quarters has been smoked. A quality cigar may be smoked as long as its flavor is still pleasing and the smoke is cool enough to be comfortable in your mouth.

### Be Aware

- A *natural*—a cigar with a light brown wrapper—is mild and is more appropriate for beginners. (A *maduro*, or a cigar with a dark brown wrapper, will be rich and full flavored, but may be too harsh for a novice smoker.)

- The wrapper should not be dry, flaking, or crack when handled.
- Gently squeeze the cigar. It should be firm and give lightly to the touch, then regain its shape. A moist cigar has been overhumidified and will not draw well.
- While it may be socially frowned upon, a cigar may be extinguished and relit. Scoop or blow all carbon from the foot of the cigar before relighting, or cut the cigar just above the burned section.

**WORST-CASE  
SCENARIO.**