

# HOW TO TRACK YOUR TEENAGER'S MOVEMENTS

How to Determine If Your Child Is Driving Your Car

Purchase an inexpensive, analog watch.

### **2** Place the watch behind a rear tire of your car.

Place the watch before you go to bed at night or away on a trip. If your car is not parked so that it has to be backed up to be moved, place another watch in front of a front tire.

## **3** Check the watch.

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In the morning or on your return, examine the watch. If your child has taken the car while you were away, it will have been crushed, stopping the machinery at the exact time and date.



# How to Determine If Your Child Is Sneaking Out at Night

- 1 After your child goes to his room for bed, remove a hair from your head.
- 2 Attach the hair to the door of your child's room. Use saliva to place one end of the hair on the doorframe and the other on the door itself.
- **3** Wake up earlier than your child in the morning.

#### 4 Check for the hair.

If your child has left the room during the night, the hair will have become detached or fallen off.

## Be Aware

- If your teenager's room has a window to the garden, water the garden thoroughly each night and rake the dirt smooth. Look for footprints in the morning.
- If you do not have enough hair for the doorhair alarm, if your teen needs to open the door to go to the bathroom, or if a pet might dislodge the hair, grease the front door knob with butter. Check in the morning to see if the knob has been wiped clean so it could be turned and the door opened.

